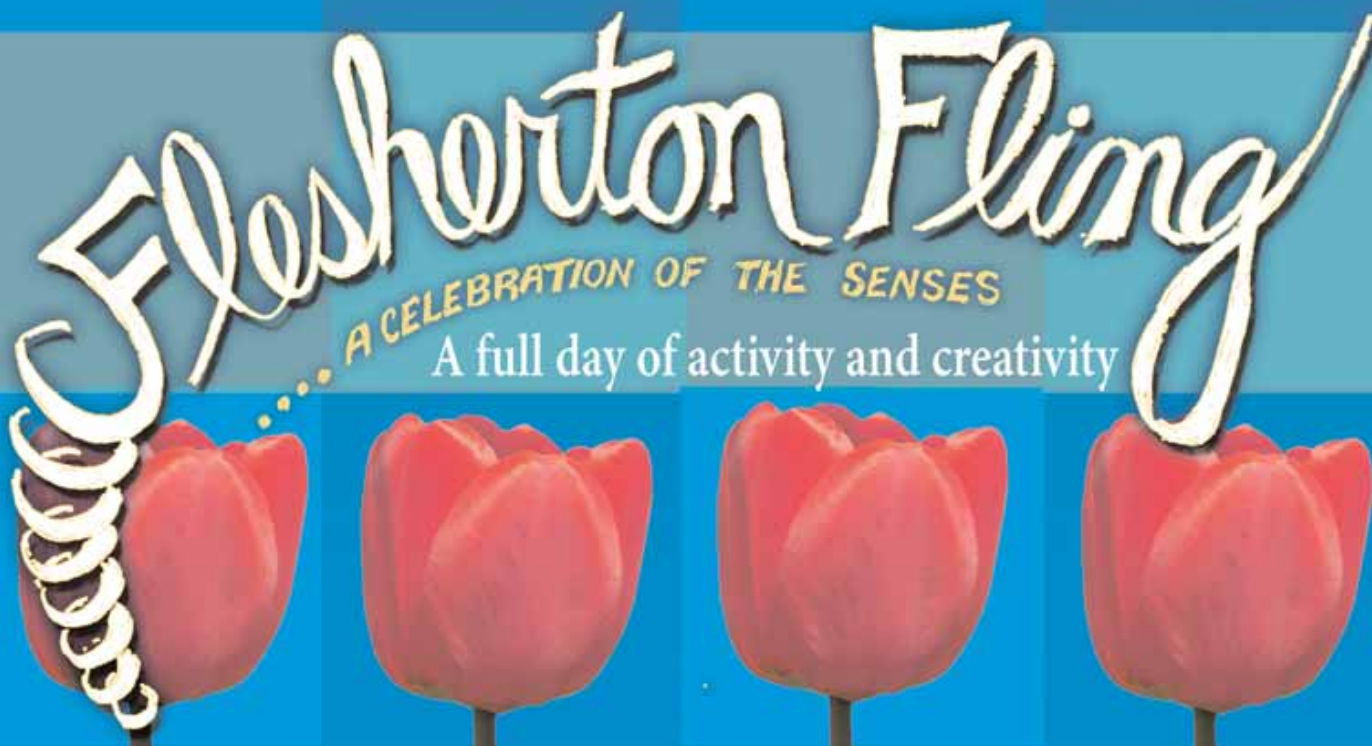


Saturday May 19, 2007 10am-9pm Join the Fun

**WE'RE
THROWING
A PARTY**

**AND
YOU'RE
INVITED!**



Event	Location	Time
Flesherton Farmer's Market Opening	Arena	8 am – 1 pm
Artists of the Hub Art Show	Kinplex	8:30 am – 5:30 pm
Acupressure by appointment Acupressure , a needleless form of Acupuncture has been practiced for over 5,000 years. Controls: General Pain, Headaches, Chronic Hiccups, Women's issues, Sleep Disorders, Childrens' Behaviour Problems to name a few. Try a 10 - 15 minute Acupressure treatment on your hands or feet. Feel the difference between one side to the other. Nancy Tebbutt 519-986-2731	Mary Sarah's Antiques	
Aromatherapy - by appointment Marina Featherstone 519-9270 cell: 519-574-1513	Hickling House	
Indian Head Massage & Reflexology by appointment Sharon MacKinnon 519-924-2075	Spirit Space, Ann Wylie Toal Gallery	10 am – 3:30 pm
Rock Ridge Custom BBQ and Special Event Services wood fired BBQ: serving pork, beef or chicken on a bun --also selling water/pop/juice Steve Smith/Ann Detar and Family: Phone/Fax: 519-924-2828		10 a.m. to 6 p.m. or until it's gone!

Flesherton Library Book Sale	Flesherton Library	11 am – 5 pm
Belly Dance & Drum Circle David Turner leads a circle with international drum patterns, Marina Featherstone Belly Dancing	Munshaw's lot	11 am
Kiini Rhythms Drum Workshop Communities have been coming together in rhythm for as long as history records; for ceremony, celebration and spirit connection. Come join us and find your rhythm voice through African hand drums, percussion and movement; awakening our heart to heart connection. Everyone welcome. No experience necessary. Donations welcome Kiera Merriam Kiini Rhythms 519 934 2400 kieramerriam@yahoo.ca	Pond	Noon – 12:45 pm
Nia Dance Imagine dancing and laughing your way through your fitness class while making your body, mind and spirit feel whole. Benefits include flexibility, strength, agility, balance, mental clarity, stress release and sense of well being. Open to women and men at all levels of flexibility and agility. Wear loose, comfortable clothing. No previous dance experience required. Vita Wind, Blue Belt Nia Instructor will lead a FREE 2 hr. session. Come and set your dancing spirit free. Contact Vita Wind for September sessions and more details at 519-986-7526 vitawind@rogers.com There are over 80 Nia teachers across Canada and over 1500 around the world. For more information on Nia, visit www.niac.ca/on or www.nianow.com	Museum Park	1 – 1:45 pm
South Grey Museum	Opening	2 pm
Belly Dance & Drum Circle David Turner leads a circle with international drum patterns, Marina Featherstone Belly Dancing	Munshaw's lot	2:30 pm
Dance Recital – Helen Jones	Left Side Gallery	3 pm
Belly Dance Workshop Join belly dancer Marina Featherstone in an hour of dancing fun! Learn the history and culture of the dance, experience some of it's music, enjoy a short performance, and learn some basic moves to take home and shimmy to! For woman of all ages! Marina Featherstone has been a belly dancer for over 6 years, when she first fell in love with the dance form at the age of 16. Inspired by it's ancient symbolism, sensual technique and serpentine movements. Marina Featherstone 519-9270 cell: 519-574-1513 marinafeatherstone@gmail.com	Museum Park	4 – 4:45 pm
Tai Chi Workshop Try a taste of this ancient oriental technique for relaxation and exercise. Tai Chi is recommended for men and women alike with arthritis, osteoporosis, poor balance, stiff muscles and many other problems too numerous to mention here. Don't be fooled by the fact that this exercise is performed slowly. A full twenty minute set is reputed to be the cardio equivalent of walking 6 km an hour. Many a sports enthusiast has found improvement from learning its finer points. Tai chi is meditation in motion. Nancy Tebbutt 519-986-2731	Pond	5 – 5:45 pm
Poetry by the Pond Daniel Kolos is part of the Words Aloud Poetry Co-operative. He will read from his recently published poetry book "From One Child to Another" (autobiographical collection). Daniel produces the grey-bruce calendar of events: www.bmts.com/~damilos/Calendar.htm (email: damilos@bmts.com)	Pond	7 – 8 pm
Robin Rich Pianist Robin Rich will be playing elegant and sophisticated renditions of jazz standards on Saturday May 19th at the Left Side Gallery from 7-9pm. Robin has been playing and performing jazz in Toronto and more recently in Grey County for the last 12 years. She is owner/director of the Saugeen Music School in Hanover and has just recorded her first CD "Sooner or Later". Robin Rich, Saugeen Music School, Hanover 519-364-6251	Left Side Gallery	7 – 9 pm
Ian MacCallum & Ingrid Langhorst Ian MacCallum and Ingrid Langhorst are local singer song-writers whose music is inspired by life, love, and their passion for the outdoors. It was their love of creating music which brought them together, and their songs can best be described as a blend of roots and adult contemporary. This past summer they recorded their first CD "Let it Float" in Prince Edward Island, which should be ready for release this summer. Contact at: 519-923-2341 or langmac@bmts.com .	Spirit Space Gallery(Ann Wylie Toal Gallery):	7 – 9pm
DRAW for prizes donated by Flesherton businesses	Museum Park	9pm
Rockerfellers – Dance!	Donabie's Restaurant	\$7 cover 9:30 pm